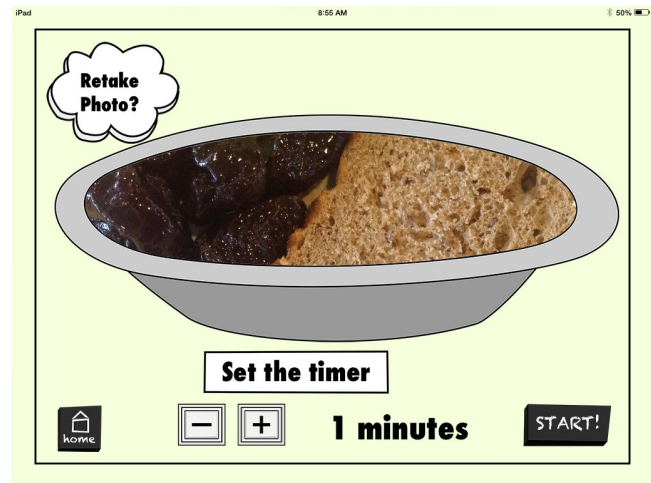
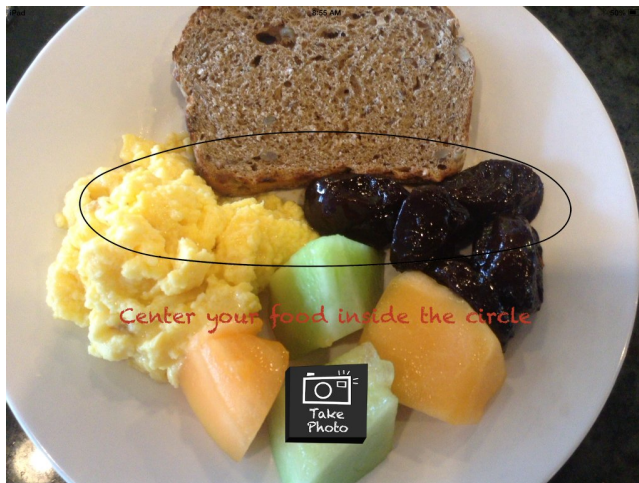


TINY TASTES EXAMPLE: FOR CHILDREN WITH CONSTIPATION



Your nutrition therapy goal may include high-fiber foods such as whole grains, vegetables, fruits, and maybe even prunes. Whatever target food the child is hesitant to eat or try, focus on that item when you “share with Tiny” whatever your child should be eating to support their regularity.



Pictured: In this scenario, it could be the whole grain bread, prunes-only, fresh fruit, or any combination of the above which you choose to take a picture of, depending on which your child may need the most encouragement to eat!

Other children with constipation may not drink enough fluids, or you may recommend a certain type of juice like pear or prune juice to help improve regularity... in cases like this, children can drink along with Tiny if fluid intake is their struggle.



Note:

You can select whatever drinking cup is most similar to the child's own type of cup. Additional varieties of cup styles will be available in the app soon.