

TINY TASTES EXAMPLE: FOR CHILDREN WITH CYSTIC FIBROSIS

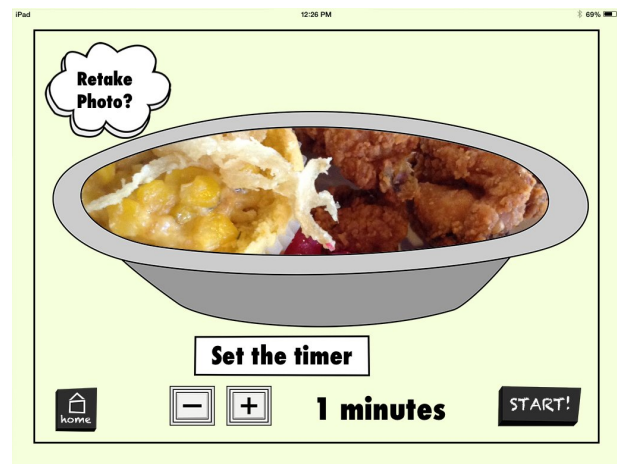


Sample Case 1:

Your nutrition therapy goal likely includes high-calorie foods, which is fantastic!
An additional goal may be for a child to taste more types of healthful high-calorie choices like avocados, hummus, or otherwise... so if a child resists trying new healthy foods, you can take a picture of that portion of the plate and “feed it to Tiny” for her to taste it along with them.

Sample Case 2:

For children who may struggle with eating enough consistently at meals or snacks, you may use Tiny Tastes to place an emphasis on finishing the highest-calorie, highest-protein components of a meal to make the most of the feeding opportunity. *(pictured below)*



* You can also use the timer to pace a child’s intake to stay on track with the time goal you’ve set to eat along with Tiny if that is helpful. Your child can be inspired to finish along with her as her plate empties!



Tiny likes supplement drinks too!

If a child’s goal is to drink high-calorie supplements or smoothies, but he/she struggles to finish them, you can let them drink right along with Tiny in the app!